

# ITRAINWITHJUAN

## Corporate Fitness Program

Service		4 Weeks	10 Weeks	20 Weeks
Group Training	1x a Week	\$100/Person	\$200/Person	\$360 /Person
	2x a Week	\$175/Person	\$360/Person	\$640/Person
	3x a Week	\$240/Person	\$480/Person	\$480/Person

\*Free Personal Session to each new employee that is interested—Along with discounted packages for all who come from you business.

\* You Choose between any one of our classes offered or a varitey package (i.e. Tuesday PiYo, Thursday Training Camp)

### Top 3 Benefits

#### Lower Insurance Costs

According to the Washington Business Group on Health, “The obesity epidemic costs organizations more than \$12 billion annually.”

#### Convenience

Gladiator Fitness will accommodate your company by providing knowledgeable trainers that travel to your corporate sight. We specialize in creative usage of any environment

#### Team Building

Studies have proven that employee fitness will create a positively charged work environment with...

- Reduced Stress
- Stronger company unity
- Less sick day usage
- Marked increase in productivity